



Calling the Circle

We are inviting you to consider joining the first Cornerstones Women's Leadership Course. This is a course for women who are ready:

- To align clearly (over and over again) with the mystery of our unfolding Selves and the source that inspires us.
- To create a year of community with women who are dedicated to living their wholeness.
- To face how we have frozen, buried or sabotaged our own leadership, allowing that energy to re-emerge in service of our unfolding purpose.
- To explore and embody the great archetypal energies that women inhabit as a platform for expanding, balancing, sharing, and leading.
- To create and use practices that deepens our access to our spiritual wholeness and desire for true service.
- To purposefully return some of the gift of this year to our families, friends, community and the earth. To know, claim, and be responsible for our unique gift of leadership and know how to live it in the world.
- To lead Cornerstones workshops and events. *(The year does not focus on leading Cornerstones events but is a prerequisite to being a Cornerstones facilitator.)*

From our perspective, balance is not something finally arrived at, but something that is practiced moment to moment. There is nothing that optimizes that possibility more than practicing with other women over time.

It is our experience that our communities and families crave women who have the capacity to live their spiritual calling and have the courage to transcend their fears in offering it. We feel in ourselves the incessant desire to be in the presence of women and men who live blessing and who offer, by their very presence, a sense of hope and renewal.

The yearlong course will be a profound journey for a core group of women dedicated to taking their practices of wholeness to the next level. It is a journey of supporting yourself by going deeper into your authentic leadership and being supported powerfully by other leaders. We hope you will be joining us.

Deborah Allen, MA

Women's Leadership Course Structure

Five Weekends (see specific dates below)

- Starts 9am Saturday and ends by 8pm Sunday (except for the first weekend, which begins on a Friday night at 7 pm).
- We will divide the year into four quarters; each quarter is initiated by a weekend intensive in different aspects of the Cornerstones work.
- As a community, we will completely immerse ourselves, each quarter, in an archetypal energy of women's leadership.
- Each participant will create a Leadership Project to complete by the end of the year that will have a focus outside of the Cornerstones arena.
 - Women need to be clear that this project will be designed by you, with Deborah and the other women in the course, to SUPPORT your life, not make it more onerous.
 - The project can include deepening some aspect of work you are already engaged in (whether it be service to yourself, at home or in the world).
 - At the same time, it is intended to be an opportunity to stretch yourself...to take you to an edge, but not to send you over the edge into places of overwhelm and undue distress.
 - We do not expect any woman to go where they are not yet ready to go, but we do want to offer challenges within this group of supportive leaders.
- The final, fifth weekend will be a completion celebration that may include family/friends and a presentation of our collective work together.

Soul Purpose/Virgin and Queen Weekend:

- What have I known all along about who I am and why I am here? What "still small voice" remains constant regardless of difficulty or trauma?
- How do I create enough personal strength and social support to relax the fierce distractions, service that drains me, and loss of spiritual center?
- What if my Soul Purpose is inclusive, currently present, and filled with new sources of energy and Eros? How would this change how I live my daily life?

Presence/Warrior Weekend:

- What does it mean to be present "no matter what?"
- What do I still need to say or do, to whom, and in what way, to create closure and new growth?
- What does it mean to stand for my true self as my identity changes and grows?
- What keeps me from staying present to my soul's unfolding purpose? What practices actually create a new opening?

Course Structure cont'd

Passion/Lover and Mother Weekend:

- What does it ACTUALLY mean that our bodies are spiritual equipment?
- How can I trust my body's messages?
- How do I differentiate between my earliest childhood needs expressed as feelings and forces in my body and true insight and intuition? How is my wound my gift?
- What do I do with my erotic life and my nurturing life to ensure they are aligned with my soul's purpose?

Power/Magician, Priestess and Crone Weekend:

- What does it mean to act in the world from an alignment with my Queen, Warrior , Lover and Mother?
- What tools keep me on track with the unfolding of meaning in my life?
- What would I like to contribute to my community that would be absolutely central to my own development, giving me energy rather than draining me?

Monthly Conference Calls and Curriculum

- As a group, we will have monthly conference calls to support each other in the ongoing practices.
- You will also engage in monthly ongoing practices and readings individually and as a group.

Private Coaching

- Every woman will have one 60-minute coaching session per quarter with Deborah to deepen the benefit of the work and further clarify the direction of practice and growth that is unique to each woman.

Other Structural Issues

If a woman needs to miss a weekend, make-up work can be done, but no more than one weekend can be missed. The first weekend cannot be missed.

Women's Leadership Course — 2008-2009 Dates:

June 20-22, 2008 (includes Fri. night) – Purpose/Virgin and Queen Weekend (3 days)

September 19-20, 2008 – Presence/Warrior Weekend (2 days)

December 6-7, 2008 – Passion/Lover and Mother Weekend (2 days)

February 21-22, 2009 – Power/Magician, High Priestess and Crone Weekend (2 days)

April 18-19, 2009 – Completion Weekend (2 days)

Cost: \$2500

May be divided into five payments, and consideration of a sliding scale and work-trade is available on an as needed, as requested, case-by-case basis. **Don't let money and time deter you from this journey.** If you are committed to be in this course we, together, will make it work. Make the choice to do the program from your desire to live your gift and freedom more fully in your life.

To register call toll free 1-877-239-7041.

Questions? Concerns? Need more details?
Please email or call Ariana at the Cornerstones office.

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www.thecornerstonespath.com

(New Cornerstones for Women website under construction!)